

GN Equestrian Coaching Newsletter



February 2009

News!

Hi All!

So, 2009 is now in full swing with kids back to school, and me trying to reorganise my diary has not been easy! However I think I've managed to get it under control and I am looking forward to seeing you all, at the new lesson times :o).

As some of you may have heard EQUITEC has now joined Horseland as sponsors of mine and I am thrilled to bits. I have decided not to distribute the products anymore as I'm too busy teaching, and I therefore can't devote the time it deserves.

Instead, Kerrie and Steve from Horseland Underwood have decided to carry the Equitec range of products in their store, so that it can still be available to you all - YAY!!! You will be able to get it from there from the 1st week of February. I will of course continue to recommend and use the products, and are more than happy to answer any questions or queries that any of you may have.

I have also decided to show my support and commitment to Park Ridge Adult Riding Group (PRARG), by sponsoring the Preliminary class on the 1* Official dressage day on the 8th of March.

A quick reminder that the 2009 QLD Dressage Forum is being held at Caboolture Showgrounds, at the Indoor Arena on the 7th February. A superb day for all!!! For more info follow the link in this newsletter on the Events of Interest page. SEE YOU THERE!

Remember to have a look at the Event's of Interest links as they are put there for your interest and convenience!

Cheers for now and happy riding!

Gitte

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Rider of the Month:

CONGRATULATION goes to **Belinda Geissler!**

Originally and currently a champion rider/trainer/breeder for Western riding, Belinda has fallen in love with the art of dressage and her determination to succeed is inspiring. She has recently decided to take up Yoga classes in order to improve her position, as well as request for extra exercises on the ground and in the saddle.

This attitude will ensure that she will go all the way to the top, and I wanted to start her on her road to dressage success, with a GN Equestrian Coaching Rider of the Month certificate and "Guylian" chocolates! Go Belinda ;o)



Quote:

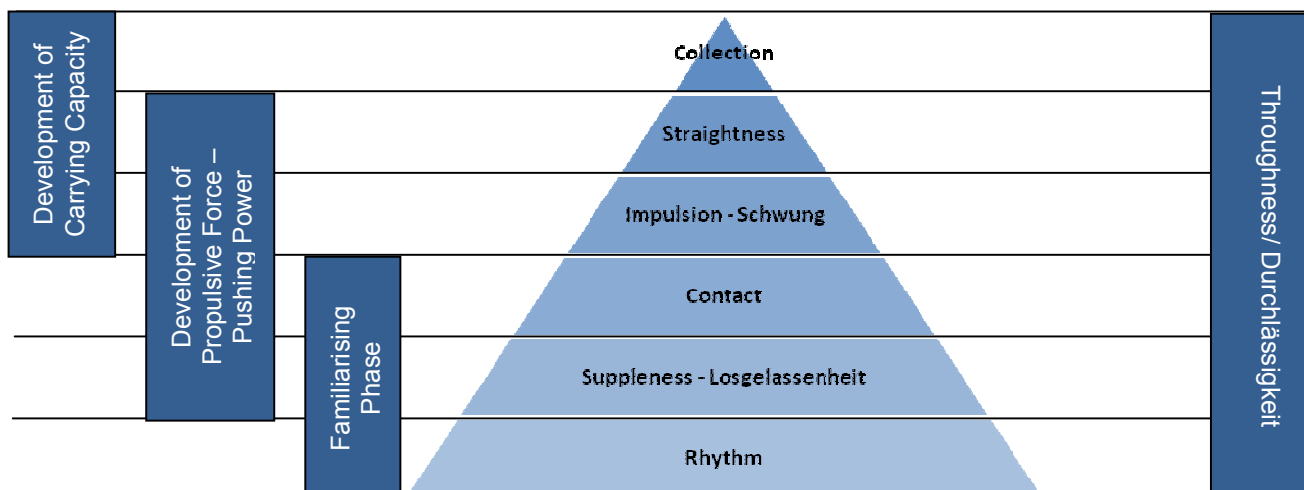
"An amateur will practice until they can get it right, a professional will practice until they can't get it wrong"



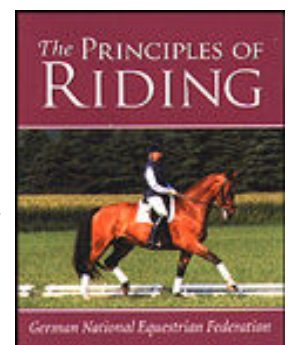
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The German Training Scale

The theory behind the training of the dressage horse is completely based on a concept called the 'Training Scale'. The scale should be used, as it says, for training the horse, but judges also follow it when they are judging. If you work from the bottom to the top, you will be able to achieve the aim of dressage – which is to develop the horse into a happy athlete through harmonious education, and as a result, make the horse calm, supple, loose and flexible, but also confident, attentive, and keen, therefore achieving perfect understanding with the rider. It should be noted that the pre-requirements to beginning the scale include giving the horse a basic education in the 'go', 'stop' and 'turn' aids.



Many books have been written on the Training Scale, so to be able to explain it here in a few short words would be near impossible. Instead, the Scale should be memorised and referred to each time you mount your horse. For further explanation, you can discuss the Scale with Gitte and also discover how far along the scale your horse is. Alternatively, suggested reading include: '*The Principles of Riding*' by the German National Equestrian Federation.



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Events of Interest:

Listed below are a number of different events happening in the future that you might like to compete at or attend? Attending events are a great way to become familiar with the competition scene without the pressure of performing. They cover Dressage, Show and Eventing as well as clinics etc. I have listed them for your interest and convenience. If you click on the links you find relevant info as well as entry forms. These will be updated in every newsletter each month. To access these links push 'ctrl' and click the link.

Get out and about in 2009!!!

1st February – HiForm Young Dressage Horse Qualifier

http://www.efaq.com.au/site/equestrian/qld/downloads/dressage/Program/2009/TDI_YH_event_Feb12009.pdf

1st February – EFA Show Horse Measuring Day

<http://www.efaq.com.au/event.asp?ID=174767&format=popup>

7-8th February – QLD Dressage Forum

http://www.efaq.com.au/site/equestrian/qld/downloads/dressage/09_Flyer_Final_19908.pdf

10-11th February – Andrew McLean Clinic (Thornlands)

Contact Anjanette Harten – 0402 971 012 or peter.harten@xbc.com.au

14th-15th February – Young Horse Training, Education and Competition weekend

http://www.efaq.com.au/site/equestrian/qld/downloads/dressage/Program/2009/Nomination_form_YH_Feb2009_amended.pdf

15th February – LVRC Summer Hack Show

<http://www.efaq.com.au/event.asp?ID=174830&format=popup>

21st-22nd February – 2009 Toowoomba Young Horse Championships

http://www.efaq.com.au/site/equestrian/qld/downloads/dressage/Program/2009/TDI_2009_YH_champs_program.pdf

28th February-1st March – Toowoomba Chicken Hunter Trial (Eventing)

<http://www.tdsjc.com.au/forms/chickenrunform.pdf>

28th February – NADEC Associate Dressage

<http://www.nadec.net/calendar/2009dressageprogram0228.pdf>

Please see below to check when forms/entries are due

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Entry Forms Due

9th January - Toowoomba Official Young Horse Qualifier (1st February)

23rd January – Entries for QLD Dressage Forum with incur a late fee of \$30 after this date (7th-8th February)

– 2009 Toowoomba Young Horse Championships

29th January – Young Horse Training, Education and Competition Weekend

14th February – NADEC Associate Dressage

21st February – Toowoomba Chicken Hunter Trial

Note: not all the events in Queensland are mentioned here, to obtain a full calendar visit one or more of these sites –

<http://www.efaq.com.au/calendar/default.asp?date=31-Jan-2009&Type=&Category=>

<http://www.prarg.com/calendar.htm>

<http://www.qld.equestrian.org.au/site/equestrian/qld/downloads/QISEA%202009%20Proposed%20Calendar%20Newsletter.pdf>

<http://www.dressageit.com/calendar/index.html>



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Advertisements

For Sale

Carousel Competition Training

Large variety of fantastic horse and ponies, a small selection displayed below. For more information, visit their website - <http://www.freewebs.com/carouselct/> or contact Lisel Dingley on 0428 623 723. (All prices include GST)



Rahane Caleb
– Stallion at Stud

Warmbloods:

- Mare by Aachimedes, 15.1hh, 10 yrs, PSG trained, but still prelim points in EFA, scores to 78%. \$33 000

- Gelding, black, 16hh, 5 yrs, Carbine/Aachimedes breeding. Slow to mature, leggy and elegant, now ready for his stellar career, dressage, SJ, or show. Reg Arabian Warmblood. \$11 000

Connemara's: (Both Brisbane Royal winners 2008)

- Gelding, 14.2hh, black/brown, 8yrs, FEI talent in showjumping, also dressage, breed classes, working hunter, eventing, very flashy. \$18 000.

- Gelding, grey, 14hh, 9 yrs, training FEI Pony/Medium dressage, almost unbeatable at elementary. \$15 000.

Welsh ponies:

Partbred Welsh gelding, 13.1hh, stunning, bay with 4 white socks and blaze, 6 yrs. Looking for someone to love him, show or pony club. \$3300

Welsh B mare, palomino, 13.2hh. Superstar in the dressage arena, or breed shows/show hunter. Out of same dam as Rahane Caleb. \$11 000

Welsh B mare, 12hh, very quiet, recently broken in with complete ease. Will be kids' pony superstar in a very short time. Out of same mare as Rahane Caleb. \$5500

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For your interest

Poems for all occasions!!!

For Birthday's, Christening's, Funeral's, Business's, Product's etc. Anything you can think of. Please find some samples of Deb's work below.

Done for GN Equestrian Coaching

Believe it or not my coach is called Gitte,
Very strange name I know, however she can be very witty!
She's been teaching me for a while now and I have learnt so much,
Leg yields, shoulders in, flying changes and such.
Nice calm lessons you can be sure. No yelling or screaming, she's nice to the core. If
you want your dressage to improve
Then book a lesson with Gitte and get in the groove!

This one was done for EQUITEC on the product OSMOPLEX!

Hi there, Jess is my owner and my name is Tex.
She has given me the greatest stuff called Osmoplex.
Dear equine friends you simply must try it!
I'm so grateful Jess decided to buy it.
I sweat properly now and pee when I should.
Let me tell it feels so good.
Ask your owner to give it a go.
Tell 'em to call me and I'll let them know



I can highly recommend Deb and her great talent, as I'm amongst some of her already very happy customers. Great personal service at a great price!!!

Contact Deb Hartwell – 0412 210 034. For more info or a quote!

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Fantastic Opportunity!

SHOWJUMP GROOM WANTED

Showjumping yard in England is looking for a reliable, experienced groom. There are 2 riders on the yard, so person joining the team would be main competition groom. Must be able to turn out horses to a good standard. Would be in charge of plaiting, clipping, trimming and the well being of all horses.

There is already someone employed to clean the stables & he also helps out with the horses etc. About 20 horses in work. Travel to National & International competitions.

Contact: leah.howarth@hotmail.com



That comes to the end of our February Newsletter, hope you enjoyed it!

Cheers and happy riding,

Gitte